

# SFS ARIMTSU 2011 ITINERARY (THIS IS A GUIDE ONLY & NOT THE FINAL ITINERARY OR PACKAGE DETAILS)

Slow Fiber Studios • A Program of the World Shibori Network

<http://slowfiber.wordpress.com>

Included meals B= breakfast, L=lunch, D=dinner

DAY	DATE	DAILY AGENDA :: TOKYO - KIRYU - MIYAMA - ARIMATSU	HOTEL
0	May 20	<b>North Americans: Depart from USA for Tokyo</b>	
1	May 21	<p>Arrive at Tokyo's Narita Airport. Transfer to hotel by Airport Limousine bus (your own arrangement). Instruction will be given with Travel Prep Sheet sent after #2 payment. Price: JPY 3000 ONE WAY per person, ~ 2 hours.</p> <p><b>Group meets at Shiba Park Hotel in Shiba/Takanawa area, Minato ward. (SFS PROGRAM STARTS).</b> Take a walk in the area, perhaps encounter a Buddhist ceremony at nearby Zojouji Temple.</p> <p>PM: Light dinner &amp; Orientation at restaurant</p> <p>Stay @ TOKYO (1 nt)</p>	TOKYO
2	May 22	<p><b>*Pack overnight bag; SHIP OTHER BAGS TO KYOTO (1 pc/person included, additional bags for fee)</b> Ryokan provides cotton <i>yukata</i> and wool <i>hanten</i> to sleep.</p> <p>AM: Tokyo to Kyoto by shinkansen (bullet train) with 1 LIGHT overnight bag.</p> <p>AFTRN: Explore Kyoto Station; have lunch on own. Continue JR train to Miyama, a designated cultural heritage site known for its thatched roof farmhouses. Visits to: "Little Indigo Museum"; natural indigo workstudio of acclaimed fiber artist to observe natural dye processes. *Optional: indigo dyeing experience (small materials fee)</p> <p>PM: Enjoy hot bath before dinner. Dinner at traditional Japanese inn.</p> <p>Stay @ ryokan, MIYAMA (1 nt)</p>	MIYAMA
3	May 23	<p>AM: rise early for hot bath and soak up natural scenery while enjoying quiet time in picturesque rural village of Miyama: rice paddies, thatched roof houses nestled in mountainside. Shuttle to Sonobe, then JR train to Kyoto.</p> <p>AFTRN: Lunch on temple grounds, a unique meal of traditional monk's food. Explore ancient capital city, traditional market, galleries. Dinner on own</p> <p>Stay @ KYOTO (2 nts)</p>	KYOTO
4	May 24	<p>EARLY AM: <b>Optional visit to monthly flea market at shrine (weather permitting)</b></p> <p>*Option: ship extra bags to Tokyo, your final stay. Big, sturdy, soft structured bags come in handy. Shipping not included.</p> <p>PM: Trips to kimono maker's home; Nishijin weaving center; so on. *Optional visit to galleries; textile suppliers. <b>BEFORE 5pm: *Pack overnight bag for last night in Kyoto. SHIP OTHER BAGS TO NAGOYA (1 pc / person incl., add'l bags for fee)</b></p> <p>Dinner: walk to shabu shabu restaurant to dine with local artists in Pontocho district. Perhaps glimpse geisha and maiko hurrying to parties.</p> <p>Stay @ KYOTO</p>	KYOTO
5	May 25	<p>EARLY AM: (Weather permitting) By 7am: taxi 9on own) to monthly shrine flea market. [Yoshiko will accompany and help you to ship your purchases directly to Tokyo hotel]</p> <p>9:30a: Chartered coach will pick up group at the flea market and depart for technical visit. End at JR Station. Before boarding next train, grab to-go lunch box.</p> <p>1:00p Train to Nagoya (by shinkansen, JR). Local train to Arimatsu. Stroll along old Tokaido Rd preserved with traditional storefronts depicted in Hiroshige's Edo woodblock prints. *Optional visit to museums, studios, shibori demos, etc. Orientation of town, shibori workshop program, etc. at Shibori Museum</p> <p><b>(continued next page)...</b></p>	NAGOYA

# SFS ARIMTASU 2011 ITINERARY

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5	May 25 (cont)	<i>(continued from previous page)...</i> 5-day (half-day) Intensive: Surface Design/ Kakishibu (persimmon tannin dyeing) / High tech fabric treatment. DAY 1: Shibori foundations, learn techniques from master artisans.  EVENING: Dinner & local activities on your own. Travel to hotel on your own via local train  Stay @ NAGOYA (5 nts)	NAGOYA
6	May 26	AM: Day 2, Shibori Intensive (half-day). Modern interpretations of shibori and the larger world of shaped resist. Experiment with new materials, dye, heat set, and more. Reciprocal creative exchange: artisans look forward to mutual sharing of ideas and creative input. *Option to extend your work in the studio until 6pm.  PM: *Option to explore local area on own: Nagoya Castle, Tokugawa Museum, Toyota Memorial Museum (Toyota automobile started as manufacturers of weaving looms), Tokoname folk pottery kiln. This is Arimatsu's busiest time of year. As the town gears up for the Fest, they welcome and encourage you to get involved like a local – it's the best way to see how things are done. Sit in on meetings, rehearsals, float preparations, installations, food making, etc.  Stay @ NAGOYA	NAGOYA
7	May 27	AM: Day 3, Shibori Intensive (half-day). Continue exploration and experimentation.  PM: *Optional to explore local area on own // immerse yourself in Festival preparations // work in the studio until 6pm  Stay @ NAGOYA	NAGOYA
8	May 28	AM: Day 4, Shibori Intensive (half-day). Begin to think about the work you want to create for the upcoming SLOW FIBER STUDIOS exhibition at the Fest.  PM: *Optional to explore local area on own // immerse yourself in Festival preparations // work in the studio until 6pm  Stay @ NAGOYA	NAGOYA
9	May 29	AM: Day 5, Shibori Intensive (half-day). Continue to work on your exhibition pieces.  PM: *Optional to explore local area on own // work in studio until 6pm  Dinner with local guests  Stay @ NAGOY	NAGOYA
10	May 30	<b>*Pack LIGHT overnight bag. SHIP OTHER BAGS TO TOKYO (1 pc/ person included; add'l bags for fee)</b> Ryokan provides cotton <i>yukata</i> and wool <i>hanten</i>  AM: Travel Nagoya to Kiryu. Lunch on own on the train.  PM: Explore Kiryu – Orijuku Textile Archive to view an exhibition of Meisen Kimono from the first half of 20th century; weaving and knitting mills; local studios; Regional Textile Research Institute; and more. Dinner at local restaurant with guests.  Stay @ KIRYU (1 nt)	KIRYU
11	May 31	DAY: continue exploration of sericulture, silk reeling / spinning, kasuri, ikat weaving. Learn sublimation printing and transformation of Jacquard woolen cloth by fulling. Lunch w/ guests at the unique Basho restaurant.  EVENING: by mini shuttle, adventure into mountains to stay at a typical traditional Ryokan tucked away along a riverside. Relish in exquisite yet rustic local cuisine followed by peaceful sleep on a traditional tatami mat in futon coverlet.  Stay @ ryokan, KIRYU (1 nt)	KIRYU

## SFS ARIMATSU 2011 ITINERARY

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12	June 1  B	DAY: Travel Kiryu to Tokyo by train. Technical visits via public transportation using extensive network of city subways and railways (metro card included). See important cultural works at Tokyo National Museum, Japan's oldest and largest museum housing 87 National Treasures and 100,000+ artworks and archaeological objects. Stay @ TOKYO (2 nts)	TOKYO
13	June 2  B D	DAY: Continue exploration of Tokyo. Wander through antique and contemporary textile shops, fashion boutiques, designers' studios, other design shops that make Tokyo a uniquely famous. Stay @ TOKYO	TOKYO
14	June 3  B	AM: More exploration in Tokyo on your own. If you rise very early you can visit the famous Tsukiji Fish Market. PM: Travel Tokyo to Nagoya (by shinkansen and local trains). Stops at Itchiku Kubota Museum and Keisuke Serizawa Museum. Settle in for weekend-long Shibori Fest annual tradition. Stay @ NAGOYA (2 nts)	NAGOYA
15	June 4  B D	DAY: local train to Arimatsu. SHIBORI FEST along Tokaido Road in Arimatsu – enjoy festival floats, vendors of all kinds of shibori, crafts, food, exhibitions INCLUDING EXHIBITION opportunity to show your experimental creative work at Atsumari Gallery, right by the train station  <i>Shibori Fest, the area's most important festival of the year, draws people from all over the country who travel just to attend this lively celebration. The town and its leaders are delighted to invite the SFS group into their community during this bustling, exciting time of year. SFS is encouraged to get involved with &amp; up close to the local traditions, celebrations, and preparations: sit in on music rehearsals, help decorate floats, observe food preparations, etc.</i> Stay @ NAGOYA	NAGOYA
16	June 5  B	DAY: *Optional: visits by local train to Arimatsu. SHIBORI FEST along Tokaido Road in Arimatsu – festival floats, vendors of all kinds of shibori, crafts, food, exhibitions. OR you may opt for day trips to explore nearby destinations. Consult with travel guide, local colleagues and Yoshiko. PM: Travel Nagoya to Tokyo (by local trains and shinkansen). Stay @ TOKYO (1 nt)	TOKYO
17	June 6  B	AM: breakfast. <b>(SFS PROGRAM ENDS)</b> <b>Depart for airport or continue on to your next destination.</b>	

**NOTE: If you require additional night(s) accommodation before or after the tour dates, we can assist your planning. For reservations, please EMAIL our travel agent, Mr Hisa Kumagai, of Nippon Travel Agency (NTA):**

**Email: [hisa\\_kumagai@nta.co.jp](mailto:hisa_kumagai@nta.co.jp)**

**Price: \$400 USD + ¥393 000 JPY**

Price based on per person (sharing). SFS reserves the right to vary details of transportation arrangements and daily activities as needed.

Prices are based on the following conditions (1-10):

1. **Accommodations: mid-range, moderate hotels** (based on double occupancy) **and mid-range traditional Japanese\* inns** (includes use of Japanese style hot baths, traditional full course meals, traditional futon tatami mat) **and where available business hotels** (typically small but single occupancy rooms w/private bathroom). All single at Meitetsu Inn Kanayama and Ace Hotel. \*Traditionally, a Japanese room may be shared by many guests; we will share a room with up to 3 people, each with own tatami mat.  
**Single supplement option is ¥ 43 000 JPY.** NOTE: we try to accommodate requests for single rooms when available but be aware it is not always possible due to vacancy, or even/odd number of travelers in our group.  
**\*NOTE FOR MEN: Single Supplement Surcharge may apply for male travelers.** Because our tours generally receive a higher ratio of women to men, and because rooms are based on shared occupancy, it may be necessary that men traveling alone (should there be an odd number) be put up in a single room through the entirety of the tour. To offset this cost, a Single Supplement Surcharge may be applied. Please consult with Yoshiko.
2. **Group size:** small, intimate group with Yoshiko often acting as both program leader & tour guide to minimize costs.
3. **Meals:** Breakfasts: daily; Lunches: included as noted in itinerary; Dinners: included as noted. Group will share the cost of meals of invited local guests
4. **Ground transfers, trains:** transfers, trains, charter coach and other (mostly public) transit as above unless otherwise noted
5. **Luggage transfers:** as noted above. One piece per person included. Additional bags subject to extra fee.
6. **Portage:** not included
7. **Admission:** all admission to sights in program itinerary included unless otherwise noted. Optional activities not included. Included: two Buddhist temples/shrines in Kyoto, Kyoto National Museum, one more historical building /museum, Arimatsu Shibori Museum, National Museum in Tokyo
8. **Additional Services Included:** tolls, parking, driver's tips all included
9. **Services NOT Included:** Tour insurance; International airfare; airport transport in Tokyo; Drinks during meals
10. **TERMS OF PAYMENT:** Full payment is required 30 days prior to first date of booking or your reservation will be released. For full details, refer to "Payment Terms & Cancellation Policy" -- document available on the website